

	<u>Therapy Pool</u> Must be 18 years old or older	<u>Lap Pool</u> Must be 18 to lap swim and lap lanes must be shared	<u>Family Fun Water Park</u>
Monday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM Lap Swim Closed 1PM – 3:30PM 3:30PM – 5PM – 5 Lanes Open 5PM – 8:15PM – 2 Lanes Open	Closed
Tuesday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM Lap Swim Closed 1PM – 3:30PM 3:30PM – 5PM – 5 Lanes Open 5PM – 8:15PM – 2 Lanes Open	Closed
Wednesday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM Lap Swim Closed 1PM – 3:30PM 3:30PM – 5:45PM – 5 Lanes Open 5PM – 8:15PM – 2 Lanes Open	Closed
Thursday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM Lap Swim Closed 1PM – 3:30PM 3:30PM – 5PM – 5 Lanes Open 5PM – 8:15PM – 2 Lanes Open	Closed
Friday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM Lap Swim Closed 1PM – 3:30PM 3:30PM – 8PM Lap Swim	Family Swim 6PM – 8PM
Saturday	9:30AM – 4PM	9:30AM – 4PM Open Swim 5 Lanes Open	Family Swim 12PM – 3:45PM
Sunday	12PM – 4PM	12PM – 4PM Open Swim 5 Lanes Open	Family Swim 12PM – 3:45PM

Link Aquatic Center

January 2017

Schedule



Aquatic Center hours differ from Y building hours

Lap Pool

Water Exercise Classes:

Wet and Wild: Monday and Wednesday
9AM – 9:50AM

Fluid Fusion: Tuesday and Thursday
8:30AM – 9:30AM

Silver Splash: Tuesday and Thursday
9:30AM – 10:30AM

Water in Motion: Friday
9AM – 9:50AM

Water Park

Water Exercise Classes:

Morning Water Walking:
Monday – Friday 9:30AM – 11AM

Evening Water Walking:
Tuesday and Thursday 5:30PM – 7PM

Winter Luau Family Night 27th
Food: BBQ Pork, Pizza, veggies,
Fruit, Pasta Salad, Dessert and a Drink
Y Members only: Free of Charge
6 – 8PM in the Water Park. All ages Welcome.

January 1st

All Pool Closed

Have a happy and safe New Year!

Swim Lessons start February 6th be sure to sign up!