



Link Aquatic the Y Center May 2017 Schedule

Aquatic Center hours differ from Y building hours

	<u>Therapy Pool</u> Must be 18 years old or older	<u>Lap Pool</u> Must be 18 to lap swim and lap lanes must be shared	<u>Family Fun Water Park</u>
Monday	7AM – 9AM 11:05AM – 1PM 4:05 – 7PM	6AM – 8AM 5 Lanes open 8AM - 10AM 1 - 2 Lanes Open 10AM – 7PM 5 Lanes Open	Family Swim 1PM – 3PM
Tuesday	7AM – 9AM 11:05AM – 1PM 4:05 – 7PM	6AM – 8AM 5 Lanes open 8AM - 10AM 1 - 2 Lanes Open 10AM – 7PM 5 Lanes Open	Family Swim 1PM – 3PM
Wednesday	7AM – 9AM 11:05AM – 1PM 4:05 – 7PM	6AM – 8AM 5 Lanes open 8AM - 10:30AM 1 - 2 Lanes Open 10AM – 7PM 5 Lanes Open 1-3 Kayaks in open area	Closed
Thursday	7AM – 9AM 11:05AM – 1PM 4:05 – 7PM	6AM – 8AM 5 Lanes open 8AM - 10AM 1 - 2 Lanes Open 10AM – 7PM 5 Lanes Open	Family Swim 1PM – 3PM
Friday	7AM – 9AM 11:05AM – 1PM 4:05 – 7PM	6AM – 8AM 5 Lanes open 8AM - 9:30AM 1 - 2 Lanes Open 10AM – 7PM 5 Lanes Open	Family Swim 1PM – 3PM 6PM – 8PM
Saturday	9:30AM – 3PM	9AM – 3PM Open Swim 5 Lanes Open	Family Swim 12PM – 3PM
Sunday	11AM – 1PM	11AM – 1PM Open Swim 5 Lanes Open	Closed

Lap Pool

Water Exercise Classes:

Wet and Wild: Monday and Wednesday
9AM – 9:50AM

Fluid Fusion: Tuesday and Thursday
8:30AM – 9:30AM

Silver Splash: Tuesday and Thursday
9:30AM – 10:30AM

Water in Motion: Friday
9AM – 9:50AM

Water Park

Water Exercise Classes:

Morning Water Walking:
Monday – Friday 9:30AM – 11AM

Evening Water Walking:
Tuesday and Thursday 5:30PM – 7PM

Be Sure to check out our summer programs at the front desk or online!

Pool Space may be taken by Aquatic Programs!