



Link Aquatic the Y Center July 2017 Schedule

Aquatic Center hours differ from Y building hours

| | <u>Therapy Pool</u> Must be 18 years old or older | <u>Lap Pool</u> Must be 18 to lap swim and lap lanes must be shared | <u>Family Fun Water Park</u> |
|------------------|--|--|------------------------------------|
| Monday | 7AM – 9AM 11:05AM – 1PM 4:05 – 7PM | 6AM – 8AM 5 Lanes open 8AM – 10AM 1 – 2 Lanes Open 10AM – 7PM 5 Lanes Open | Family Swim 1PM – 3PM |
| Tuesday | 7AM – 9AM 11:05AM – 1PM 4:05 – 7PM | 6AM – 8AM 5 Lanes open 8AM – 10AM 1 – 2 Lanes Open 10AM – 7PM 5 Lanes Open | Family Swim 1PM – 3PM |
| Wednesday | 7AM – 9AM 11:05AM – 1PM 4:05 – 7PM | 6AM – 8AM 5 Lanes open 8AM – 10:30AM 1 – 2 Lanes Open 10AM – 7PM 5 Lanes Open 1–3 Kayaks in open area | Closed |
| Thursday | 7AM – 9AM 11:05AM – 1PM 4:05 – 7PM | 6AM – 8AM 5 Lanes open 8AM – 10AM 1 – 2 Lanes Open 10AM – 7PM 5 Lanes Open | Family Swim 1PM – 3PM |
| Friday | 7AM – 9AM 11:05AM – 1PM 4:05 – 8PM | 6AM – 8AM 5 Lanes open 8AM – 9:30AM 1 – 2 Lanes Open 10AM – 8PM 5 Lanes Open | Family Swim 1PM – 3PM 6PM – 8PM |
| Saturday | 9:30AM – 3PM | 9:30AM – 3PM Open Swim 5 Lanes Open | Family Swim 12PM – 3PM |
| Sunday | 11AM – 1PM | 11AM – 1PM Open Swim 5 Lanes Open | Closed |

Lap Pool

Water Exercise Classes:

Wet and Wild: Monday and Wednesday
9AM – 9:50AM

Fluid Fusion: Tuesday and Thursday
8:30AM – 9:30AM

Silver Splash: Tuesday and Thursday
9:30AM – 10:30AM

Water in Motion: Friday 9AM – 9:50AM
9AM – 9:50AM

Water Park

Water Exercise Classes:

Morning Water Walking:

Monday – Friday 9:30AM – 11AM

Evening Water Walking:

Tuesday and Thursday 5:30PM – 7PM

July 3rd the Link Aquatic Center will be closing at 3pm after our fun swim.

July 4th the Link Aquatic Center will be closed!

Pool Space may be taken by Aquatic Programs!