



Link Aquatic the Center October 2017 Schedule

Aquatic Center hours differ from Y building hours

	Therapy Pool Must be 18 years old or older	Lap Pool Must be 18 to lap swim and lap lanes must be shared	Family Fun Water Park
Monday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 4:30PM 5 Lanes Open 4:30 – 8:15PM 2 Lanes Open	Closed
Tuesday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 4:30PM 5 Lanes Open 4:30 – 8:15PM 2 Lanes Open	Closed
Wednesday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 5PM 5 Lanes Open 5 – 8:15PM 2 Lanes Open	Closed
Thursday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 4:30PM 5 Lanes Open 4:30 – 8:15PM 2 Lanes Open	Closed
Friday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 5PM 5 Lanes Open 5 – 8 PM 2 Lanes Open	6 – 8PM
Saturday	9:30AM – 3PM	9:30AM – 4PM Open Swim 5 Lanes Open	Family Swim 12PM – 3:45PM
Sunday	11AM – 1PM	12PM – 4PM Open Swim 5 Lanes Open	Family Swim 12PM – 3:45PM

Lap Pool

Water Exercise Classes:

Wet and Wild: Monday and Wednesday
9AM – 9:50AM

Fluid Fusion: Tuesday and Thursday
8:30AM – 9:30AM

Silver Splash: Tuesday and Thursday
9:30AM – 10:30AM

Water in Motion: Friday 9AM – 9:50AM

Water Park

Water Exercise Classes:

Morning Water Walking:

Monday – Friday 9:30AM – 11AM

Evening Water Walking:

Tuesday and Thursday 5:30PM – 7PM

October 20th is our Pumpkins in the Pool Family Night! Bring your kids by to get a free pumpkin out of our zero depth pool! Kids will also receive treat bags and Pizza! It is free for members and is from 6-8PM.

Pool will be closing at 6PM on 10/31 and Water Walking will be from 5 – 6PM!

Swim Meets this month:

October 14th and October 29th