



# Link Aquatic Center February 2018 Schedule

Aquatic Center hours differ from Y building hours

	<b><u>Therapy Pool</u></b> Must be 18 years old or older	<b><u>Lap Pool</u></b> Must be 18 to lap swim and lap lanes must be shared	<b><u>Family Fun Water Park</u></b>
<b>Monday</b>	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 4:30PM 5 Lanes Open 4:30 – 8:15PM 2 Lanes Open	<b>Closed</b>
<b>Tuesday</b>	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 4:30PM 5 Lanes Open 4:30 – 8:15PM 2 Lanes Open	<b>Closed</b>
<b>Wednesday</b>	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 5PM 5 Lanes Open 5 – 8:15PM 2 Lanes Open	<b>Closed</b>
<b>Thursday</b>	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 4:30PM 5 Lanes Open 4:30 – 8:15PM 2 Lanes Open	<b>Closed</b>
<b>Friday</b>	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 5PM 5 Lanes Open 5 – 8 PM 2 Lanes Open	<b>6 – 8PM</b>
<b>Saturday</b>	9:30AM – 4PM	9:30AM – 4PM Open Swim 5 Lanes Open	<b>Family Swim 12PM – 3:45PM</b>
<b>Sunday</b>	12PM – 4PM	12PM – 4PM Open Swim 5 Lanes Open	<b>Family Swim 12PM – 3:45PM</b>

February 16th 6 – 8PM we will be doing a Wild West themed night where children will be invited to bring in squirt guns! There will be pizza and a drink served!

Swim Meets: February 10<sup>th</sup>  
February 24<sup>th</sup>

Swim Lessons: The February sessions begins the 5<sup>th</sup> sign up now!

## Water Exercise Classes

### Lap Pool

**Wet and Wild:** Monday and Wednesday  
9AM – 9:50AM

**Fluid Fusion:** Tuesday and Thursday  
8:30AM – 9:30AM

**Silver Splash:** Tuesday and Thursday  
9:30AM – 10:30AM

**Water in Motion:** Friday 9AM – 9:50AM

### Water Park

**Morning Water Walking:**  
Monday – Friday 9:30AM – 11AM

**Evening Water Walking:**  
Tuesday and Thursday 5:30PM – 7PM

### Therapy Pool

**Warm Water Workout:**  
Monday and Wednesday 5 – 5:50PM