



Link Aquatic Center March 2018 Schedule

Aquatic Center hours differ from Y building hours

	<u>Therapy Pool</u> Must be 18 years old or older	<u>Lap Pool</u> Must be 18 to lap swim and lap lanes must be shared	<u>Family Fun Water Park</u>
Monday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 4:30PM 5 Lanes Open 4:30 – 8:15PM 2 Lanes Open	Closed
Tuesday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 4:30PM 5 Lanes Open 4:30 – 8:15PM 2 Lanes Open	Closed
Wednesday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 5PM 5 Lanes Open 5 – 8:15PM 2 Lanes Open	Closed
Thursday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 4:30PM 5 Lanes Open 4:30 – 8:15PM 2 Lanes Open	Closed
Friday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM – 1PM 5 Lanes Open 3:30PM – 5PM 5 Lanes Open 5 – 8 PM 2 Lanes Open	6 – 8PM
Saturday	9:30AM – 4PM	9:30AM – 4PM Open Swim 5 Lanes Open	Family Swim 12PM – 3:45PM
Sunday	12PM – 4PM	12PM – 4PM Open Swim 5 Lanes Open	Family Swim 12PM – 3:45PM

March 9th 6 – 8PM we will be doing a St. Paddy’s Day themed night where children will be invited to go in our pool and collect tokens for prizes! There will be pizza and a drink served!

March 23rd 6 – 8PM members are invited to join in our underwater egg hunt! The times will be divided by age group and they will be able to win prizes. Pizza and a drink will be provided.

Swim Lessons: The March sections begins the 5th sign up now!

Water Exercise Classes

Lap Pool

Wet and Wild: Monday and Wednesday
9AM – 9:50AM

Fluid Fusion: Tuesday and Thursday
8:30AM – 9:30AM

Silver Splash: Tuesday and Thursday
9:30AM – 10:30AM

Water in Motion: Friday 9AM – 9:50AM

Water Park

Morning Water Walking:
Monday – Friday 9:30AM – 11AM

Evening Water Walking:
Tuesday and Thursday 5:30PM – 7PM

Therapy Pool

Warm Water Workout:
Monday and Wednesday 5 – 5:50PM