



Link Aquatic Center

November

2018 Schedule

Water Exercise Classes

Lap Pool

Wet and Wild: Monday and Wednesday
9AM – 9:50AM

Fluid Fusion: Tuesday and Thursday

8:30AM – 9:30AM

Silver Splash: Tuesday and Thursday

9:30AM – 10:30AM

Water in Motion: Friday 9AM – 9:50AM

Warm Water Exercise: Monday and
Wednesday 5:50PM

Water Park

Morning Water Walking:

Monday – Friday 9:30AM – 11AM

Evening Water Walking:

Tuesday and Thursday 5:30PM – 7PM

	<u>Therapy Pool</u> Must be 18 years old or older	<u>Lap Pool</u> Must be 18 to lap swim and lap lanes must be shared	<u>Family Fun Water Park</u>
Monday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-8pm 2 lanes open	CLOSED
Tuesday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-8pm 2 lanes open	CLOSED
Wednesday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-5:45pm 5 lanes Open 5:45pm-8pm 2 lanes open	Closed
Thursday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-8pm 2 lanes open	CLOSED
Friday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	6AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-6pm 2 lanes open 6pm-8pm 5 lanes open	6 – 8PM
Saturday	9:30AM – 4PM	9:30AM – 4PM Open Swim 5 Lanes Open	12PM – 3PM
Sunday	12AM – 4PM	12AM – 4PM Open Swim 5 Lanes Open	12PM – 3PM

Open swim lane availability may vary due to YMCA programs.

Turkey Chase Family Night- November 16th 6pm-8pm

Lap pool will be closed Saturday, November 17th for a Swim Meet