



the Link Aquatic Center

January

2018 Schedule

Water Exercise Classes

Lap Pool

Wet and Wild: Monday and Wednesday
9AM – 9:50AM

Fluid Fusion: Tuesday and Thursday

8:30AM – 9:30AM

Silver Splash: Tuesday and Thursday

9:30AM – 10:30AM

Water in Motion: Friday 9AM – 9:50AM

Warm Water Exercise: Monday and
Wednesday 5-5:50PM

Water Park

Morning Water Walking:

Monday – Friday 9:30AM – 11AM

Evening Water Walking:

Tuesday and Thursday 5:30PM – 7PM

	<u>Therapy Pool</u> Must be 18 years old or older	<u>Lap Pool</u> Must be 18 to lap swim and lap lanes must be shared	<u>Family Fun Water Park</u>
Monday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	7AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-8pm 2 lanes open	CLOSED
Tuesday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	7AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-8pm 2 lanes open	CLOSED
Wednesday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	7AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-5:45pm 5 lanes Open 5:45pm-8pm 2 lanes open	Closed
Thursday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	7AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-8pm 2 lanes open	CLOSED
Friday	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	7AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-6pm 2 lanes open 6pm-8pm 5 lanes open	6 – 8PM
Saturday	9:30AM – 4PM	9:30AM – 4PM Open Swim 5 Lanes Open	12PM – 3PM
Sunday	12PM – 4PM	12PM – 4PM Open Swim 5 Lanes Open	12PM – 3PM

LAP POOL WILL OPEN AT 7AM STARTING JANUARY 2ND

Open swim lane availability may vary due to YMCA programs.

Pool is CLOSED December 31st and January 1st

The Lap pool will be closed on January 26th due to a Swim Meet

Fun Swims: January 2nd, 3rd, and 4th