



# Link Aquatic Center

**MAY**

## 2019 Schedule

	<u>Therapy Pool</u> Must be 18 years old or older	<u>Lap Pool</u> Must be 18 to lap swim and lap lanes must be shared	<u>Family Fun Water Park</u>
<b>Monday</b>	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	7AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-8pm 2 lanes open	<b>CLOSED</b>
<b>Tuesday</b>	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	7AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-8pm 2 lanes open	<b>CLOSED</b>
<b>Wednesday</b>	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	7AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-5:45pm 5 lanes Open 5:45pm-8pm 2 lanes open	<b>CLOSED</b>
<b>Thursday</b>	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	7AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-8pm 2 lanes open	<b>CLOSED</b>
<b>Friday</b>	7AM – 9AM 11:05AM – 1PM 4:05 – 8PM	7AM-1PM 5 Lanes Open 1pm-3:30pm CLOSED 3:30pm-4:30pm 5 lanes Open 4:30pm-6pm 2 lanes open 6pm-8pm 5 lanes open	<b>CLOSED</b>
<b>Saturday</b>	9:30AM – 4PM	9:30AM – 4PM Open Swim 5 Lanes Open	<b>12PM – 3PM</b>
<b>Sunday</b>	12PM – 4PM	12PM – 4PM Open Swim 5 Lanes Open	<b>12PM – 3PM</b>

### Water Exercise Classes

#### Lap Pool

Wet and Wild: Monday and Wednesday  
9AM – 9:50AM

Fluid Fusion: Tuesday and Thursday

8:30AM – 9:30AM

Silver Splash: Tuesday and Thursday

9:30AM – 10:30AM

Water in Motion: Friday 9AM – 9:50AM

Warm Water Exercise: Monday and Wednesday 5-5:50PM

#### Water Park

Morning Water Walking:

Monday – Friday 9:30AM – 11AM

Evening Water Walking:

Tuesday and Thursday 5:30PM – 7PM

Open swim lane availability may vary due to YMCA programs.

Pool will be closed on Memorial Day