



Link Aquatic Center August

2019 Schedule

	Therapy Pool Must be 18 years old or older	Lap Pool Must be 18 to lap swim and lap lanes must be shared	Family Fun Water Park
Monday	7AM – 9AM 11:05AM – 1PM 4:05 – 7PM	7am-7pm – 5 Lanes open 1pm-7pm – Open Swim	1-3pm
Tuesday	7AM – 9AM 11:05AM – 1PM 4:05 – 7PM	7am-7pm – 5 Lanes open 1pm-7pm – Open Swim	CLOSED
Wednesday	7AM – 9AM 11:05AM – 1PM 4:05 – 7PM	7am-7pm – 5 Lanes open 1pm-7pm – Open Swim	CLOSED
Thursday	7AM – 9AM 11:05AM – 1PM 4:05 – 7PM	7am-7pm – 5 Lanes open 1pm-7pm – Open Swim	CLOSED
Friday	7AM – 9AM 11:05AM – 1PM 4:05 – 7PM	7am-7pm – 5 Lanes open 1pm-7pm – Open Swim	1-3pm
Saturday	9:30AM – 3PM	9:30am-3pm Open Swim 5 Lanes Open	12PM – 3PM
Sunday	11AM-1PM	11AM – 1PM Open Swim 5 Lanes Open	CLOSED

Open swim lane availability may vary due to YMCA programs.

Follow us on Facebook @ILVYAQUATICS for pool and program updates!

Link Aquatic Center will be shut down from August 24th until September 4th.

Swim Team begins September 9th.

Water Exercise Classes

Lap Pool

Wet and Wild: Monday and Wednesday
9AM – 9:50AM

Fluid Fusion: Tuesday and Thursday

8:30AM – 9:30AM

Silver Splash: Tuesday and Thursday

9:30AM – 10:30AM

Water in Motion: Friday 9AM – 9:50AM

Warm Water Exercise: Monday and

Wednesday 5-5:50PM

Water Park

Morning Water Walking:

Monday – Friday 9:30AM – 11AM

Evening Water Walking:

Tuesday and Thursday 5:30PM – 7PM