

ILLINOIS VALLEY YMCA LINK AQUATIC CENTER

Winter Schedule

Effective Jan. 18th



LAP POOL

See Attached Lap Pool
Schedule for Open Swim
Times

SATURDAY
10AM-12PM

THERAPY POOL

MONDAY-FRIDAY
7AM-9AM
11AM-12PM
4:30PM-7PM (6PM on FRIDAY)

SATURDAY
10AM-12PM

LEISURE POOL

Water Walking
Tuesday & Thursday
9:30am-11am

WATER EXERCISE CLASSES

FUN FIT H2O MONDAY & WEDNESDAY
8:30-9:45
SILVER SPLASH TUESDAY & THURSDAY
8:30-9:45

Monthly Information

**Masks are required to enter and leave the building
and must be worn in the locker rooms & pool deck.
One swimmer per lane unless from the same house
hold.**

Check for daily updates on our facebook page.

TUESDAY & THURSDAY POOL SCHEDULE

TIME	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
6:30 AM	L	L	L	L				
6:45 AM	A	A	A	A				
7:00 AM	P	P	P	P				
7:15 AM								
7:30 AM	S	S	S	S				
7:45 AM	W	W	W	W				
8:00 AM	I	I	I	I				
8:15 AM	M	M	M	M				
8:30 AM	SILVER SPLASH				L	L	L	L
8:45 AM					A	A	A	A
9:00 AM					P	P	P	P
9:15 AM					S	S	S	S
9:30 AM					W	W	W	W
9:45 AM								
10:00 AM	L	L	L	L				
10:15 AM	A	A	A	A				
10:30 AM	P	P	P	P				
10:45 AM								
11:00 AM	S	S	S	S				
11:15 AM	W	W	W	W				
11:30 AM	I	I	I	I				
11:45 AM	M	M	M	M				
12:00 PM	CLOSED							
12:15 PM								
12:30 PM								
12:45 PM								
1:00 PM								
1:15 PM								
1:30 PM								
1:45 PM								
2:00 PM								
2:15 PM								
2:30 PM								
2:45 PM								
3:00 PM								
3:15 PM								
3:30 PM								
3:45 PM	A	A	A	A	A	A	A	A
4:00 PM	P	P	P	P	P	P	P	P
4:15 PM								
4:30 PM	S	S	S	S				
4:45 PM	W	W	W	W				
5:00 PM	I	I	I	I				
5:15 PM								
5:30 PM	IVYMCA SWIM TEAM							
5:45 PM								
6:00 PM								
6:15 PM								
6:30 PM								
6:45 PM								
7:00 PM								
7:15 PM								
7:30 PM	L							L
	A							A
	P							P
	S							S
	W							W
	I							I
	M							M

FRIDAY POOL SCHEDULE

TIME	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8								
6:30 AM	CLOSED															
6:45 AM																
7:00 AM																
7:15 AM																
7:30 AM	L A P	L A P	L A P	L A P	L A P	L A P	L A P	L A P								
7:45 AM																
8:00 AM																
8:15 AM																
8:30 AM																
8:45 AM																
9:00 AM																
9:15 AM																
9:30 AM																
9:45 AM									S W I M	S W I M	S W I M	S W I M	S W I M	S W I M	S W I M	S W I M
10:00 AM																
10:15 AM																
10:30 AM																
10:45 AM																
11:00 AM																
11:15 AM																
11:30 AM																
11:45 AM																
12:00 PM																
12:15 PM																
12:30 PM																
12:45 PM																
1:00 PM																
1:15 PM																
1:30 PM																
1:45 PM																
2:00 PM																
2:15 PM																
2:30 PM																
2:45 PM																
3:00 PM																
3:15 PM																
3:30 PM	L A P	L A P	L A P	L A P	L A P	L A P	L A P	L A P								
3:45 PM																
4:00 PM																
4:15 PM																
4:30 PM					S W I M	S W I M	S W I M	S W I M	IVYMCA SWIM TEAM							
4:45 PM																
5:00 PM																
5:15 PM																
5:30 PM																
5:45 PM																